

INTO ONENESS RETREAT MASTER IRHAAN RAE CHANDRAN MUDRAS AND GEOMETRIES

MINDFULNESS FOUNDATION

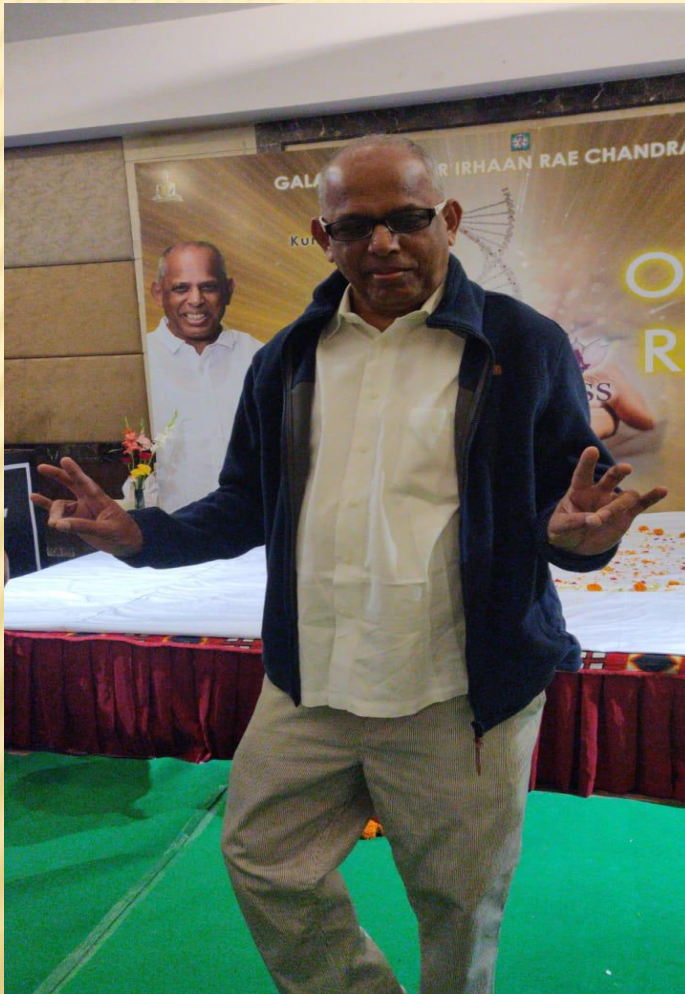
HARPREET SINGH

MB. NO. 9815074444

I AM ONE WITH GOD/GODDESS



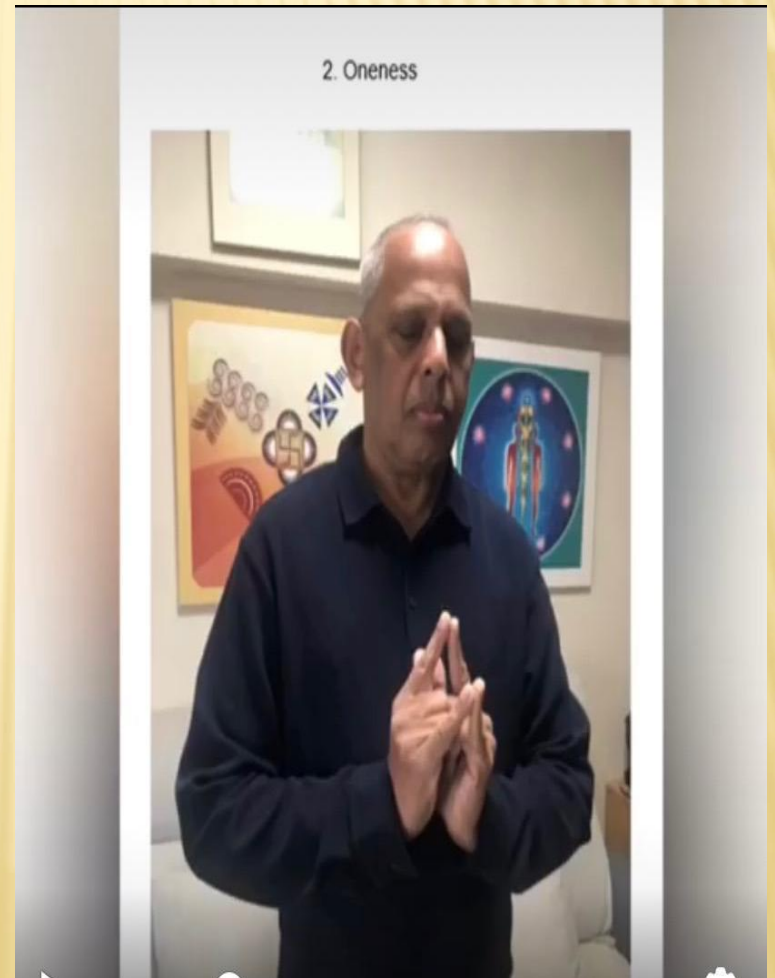
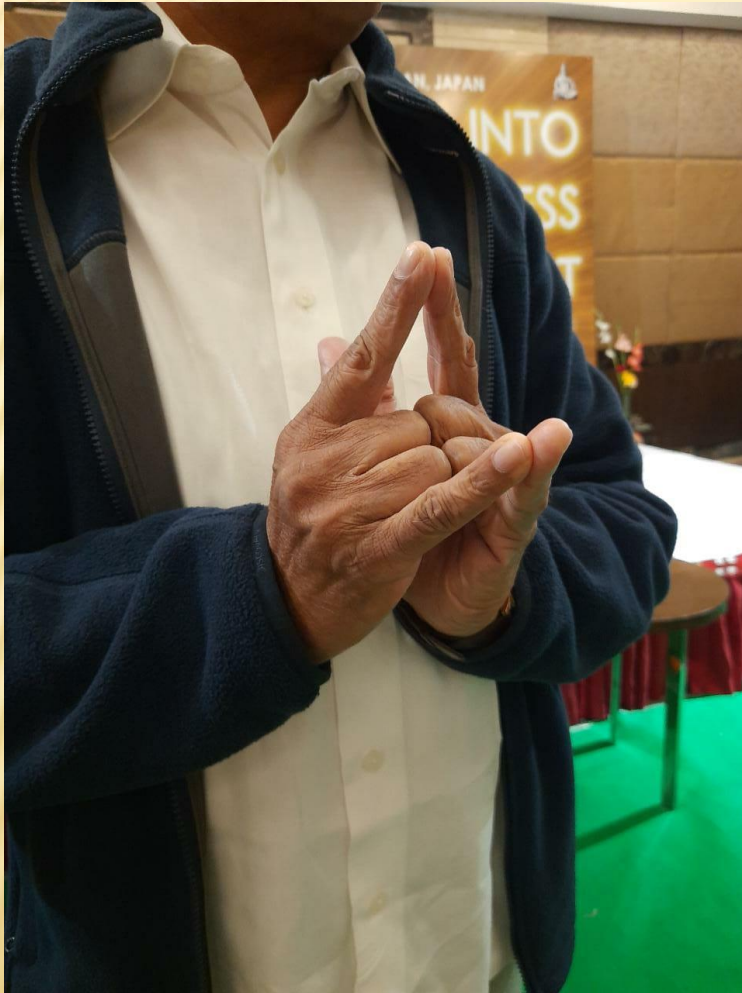
I AM GODDESS



MAHAVATAR BABAJI MUDRA - STILLNESS



I AM ONE WITH GOD - CONNECT WITH ONENESS



I AM BALANCED – BODY MIND SOUL



MUDRA OF MASTER JESUS



ASCENSION MUDRA



MANIFEST



TO CONNECT WITH GODDESS PARVATI



SHIVA TRIDENT BREATHING FOR 3RD EYE



DEATH MUDRA - PERSON PASSES AWAY IN PEACE



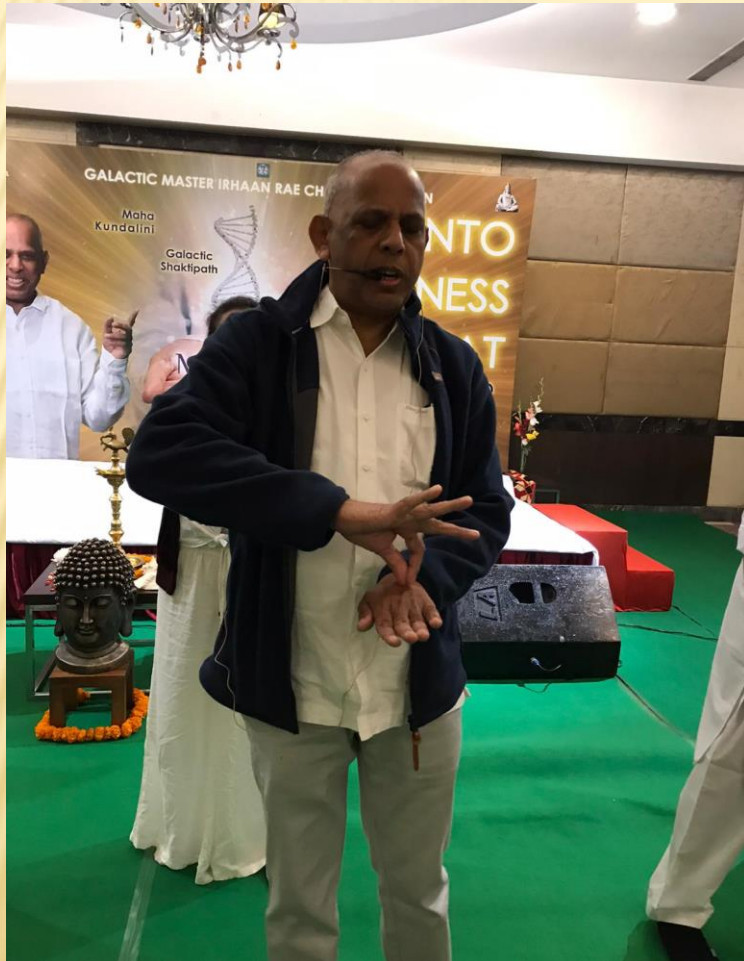
SUN GOD RA



SPEAK HIGH FREQUENCY WORDS GRACE, HARMONY - 9 TIMES



SHIVA SHAKTI



STILLNESS



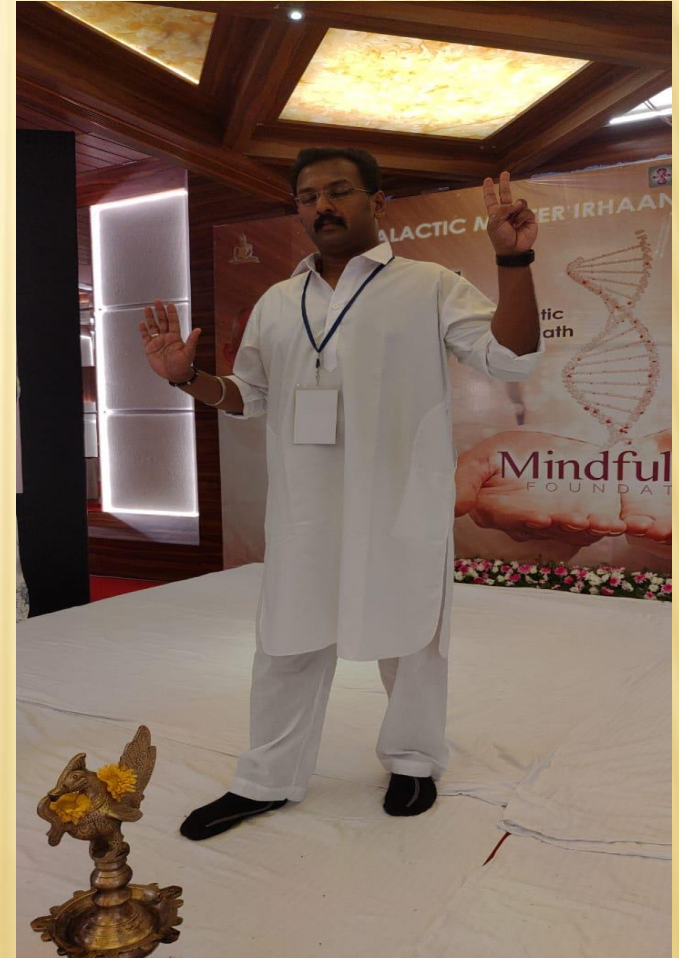
1ST LAYER OF MAHAKUNDALINI



CREATE BENEVOLENT FUTURE



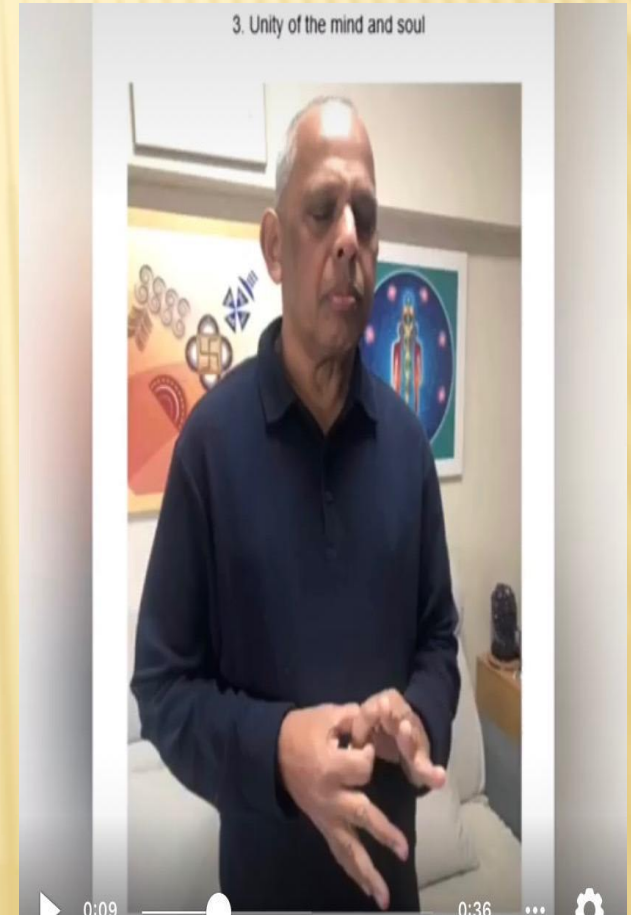
VISHNU MUDRA



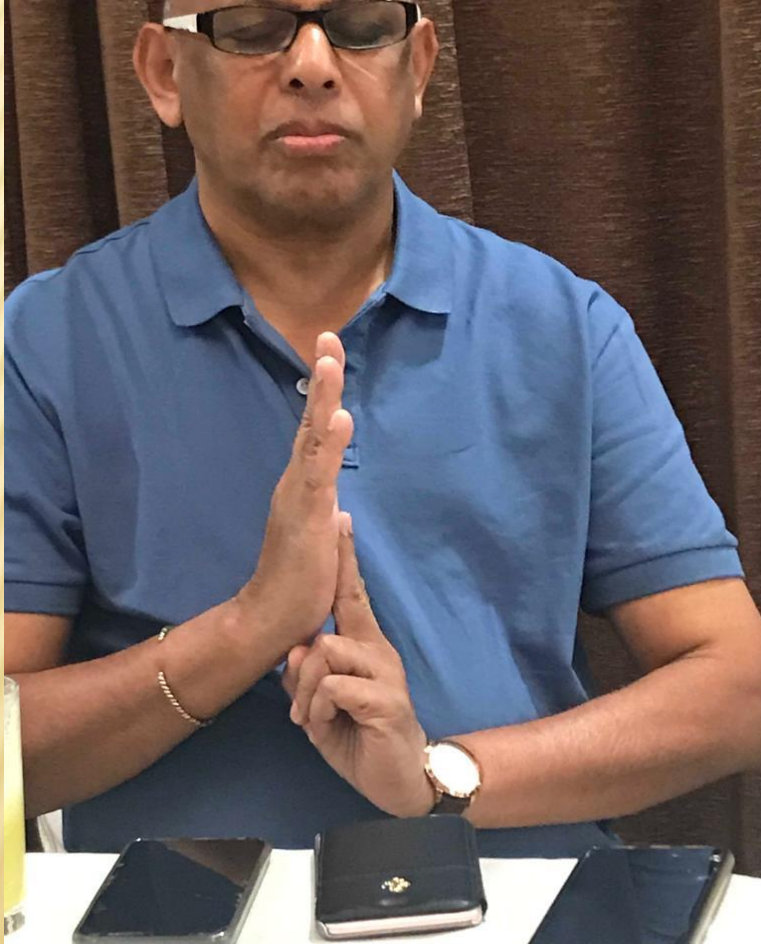
RELEASE OF KARMA- ROTATE 3 TIMES & PULL OUT – DO 15 MINUTES DAILY



UNITY IN FRONT OF HEART – INDEX FINGER & THUMB TOUCHING EACH OTHER & INSIDE EACH



I AM INFINITE – LIVE FINITELY



HEAVEN AND EARTH ONE



HEAVEN & EARTH 2 – AFTER U FEEL ENERGY,BRING HAND DOWN TO UR BELLY BUTTON & BRING THE ENERGY DOWN INTO EARTH



SUN MUDRA



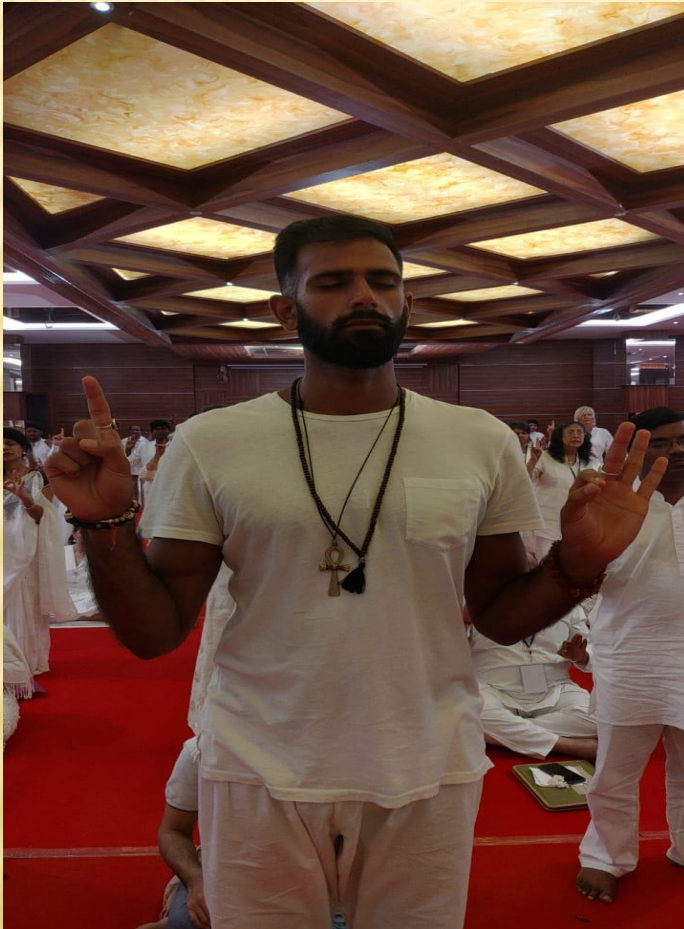
I AM SHIVA I AM SHAKTI



I AM DIVINE



MUDRA -



MUDRA -



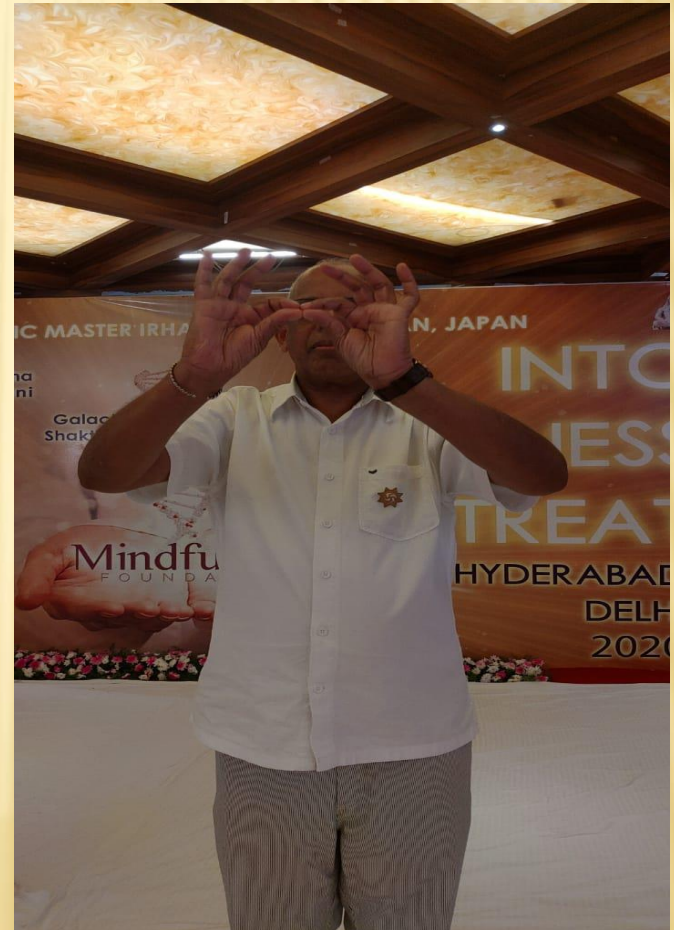
SHIVA MUDRA



MUDRA OF GOD



FAMILY OF GOD MUDRA



MUDRA -



BUDDHA MUDRA – STILL WATER



I AM EXPRESSING MYSELF THROUGH MY HEART



MUDRA OF SON WITH THE GOD



MUDRA OF MASTER SHIVA



I AM ONE WITH ALL



I LOVE MYSELF, I LOVE NURTURE



MUDRA -



NEW MEDITATION TECHNIQUE - MAHAVATAR BABAJI



COLLECTION OF SOUL FRAGMENTS & SOUL INTEGRATION



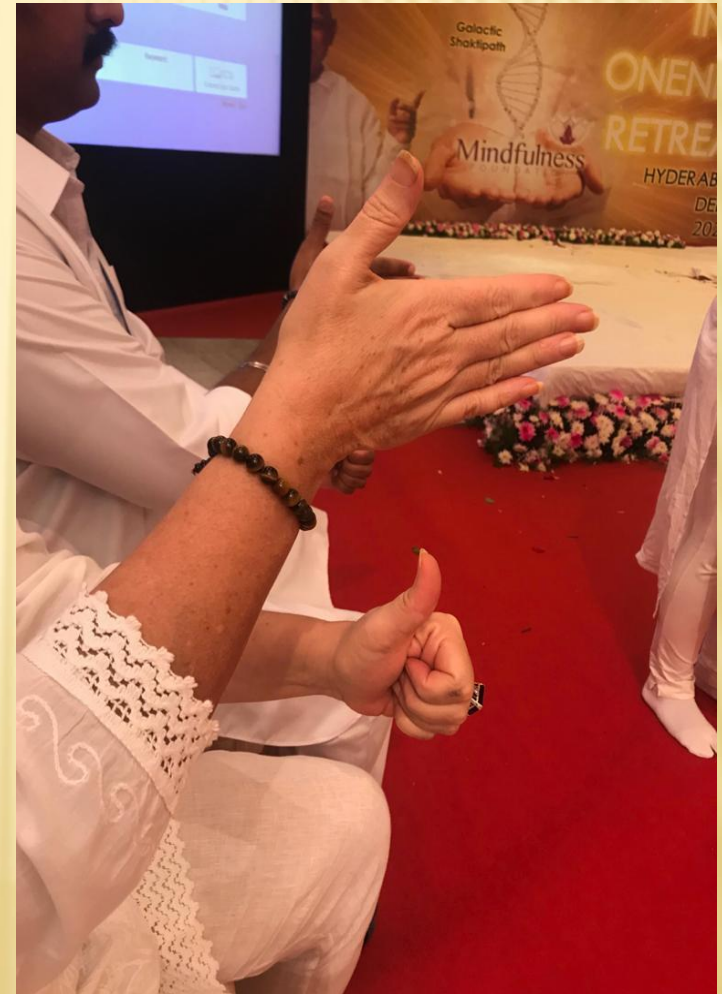
SHIVA LINGA MUDRA



SACRED DIVINITY – LAW OF ONE



SHAKTI MUDRA - BY PARVATI



LOTUS MUDRA – BALANCING YOUR LIFE



INNER POWER BY SHIVA – SHIVA STRENGTH



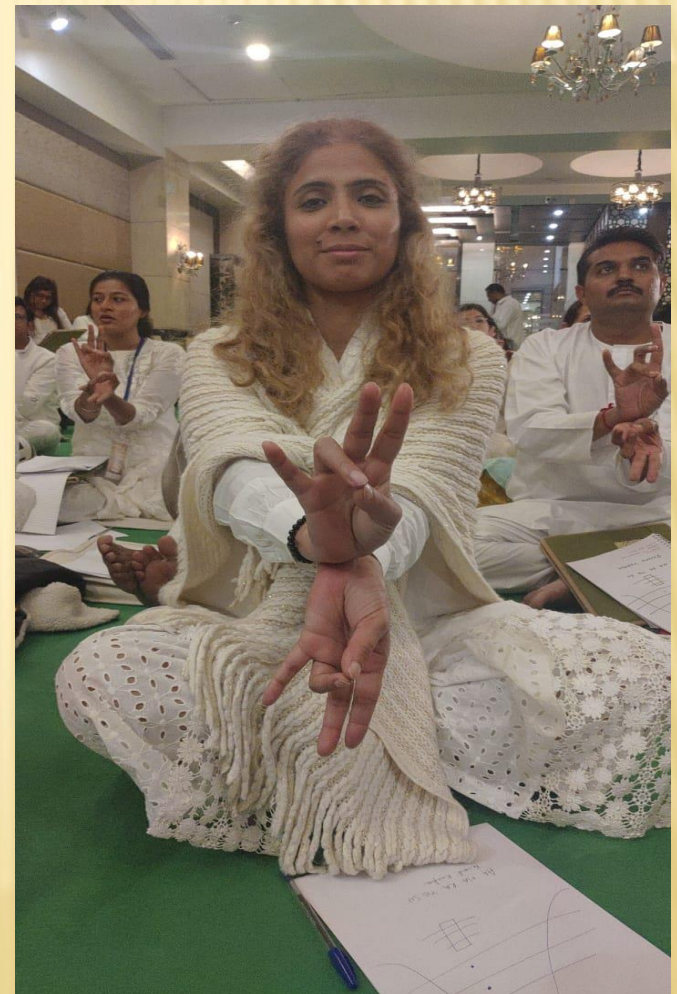
SHIVA SHAKTI



MERGING WITH GOD



I RECEIVE FREELY – I GIVE FREELY



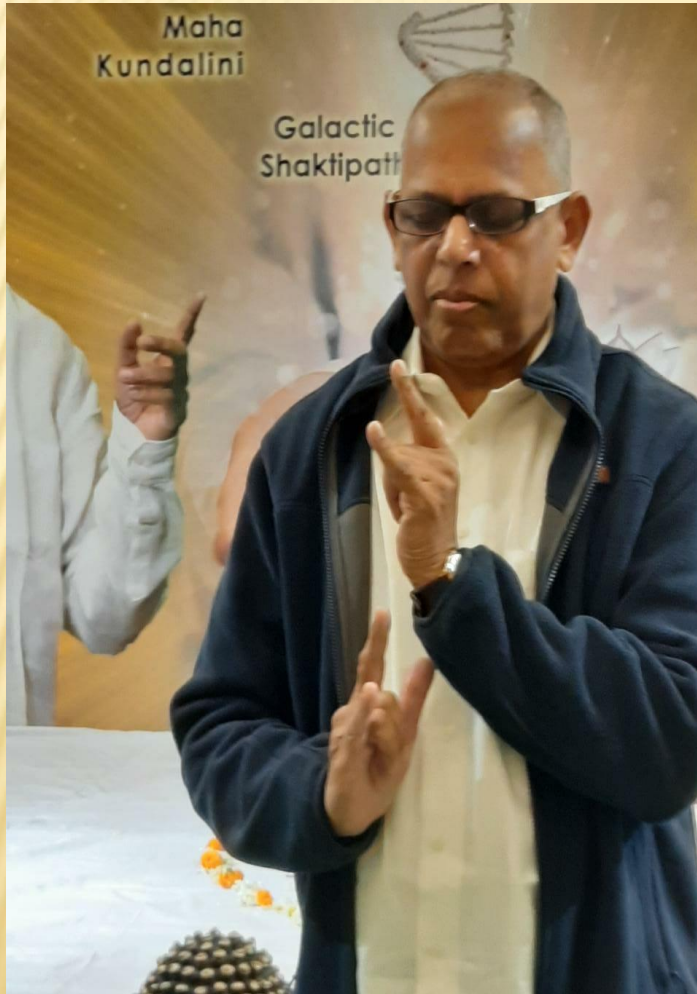
I VALUE MYSELF



INSTANT STILLNESS - DELTA CONSCIOUSNESS OMEGA



MUDRA OF ONENESS



MUDRA -



I HEAL MY PAST



GRATITUDE – APPRECIATION TO GAIA



MUDRA -



I CONNECT WITH THE STARS



MOTHER MARY – BEING IN LOVE



HEALING WOMB AND MOTHER EARTH



I AM THAT I AM -3 PART BEING -HERE, THEIR & BETWEEN



I AM INDIVIDUAL BUT I AM COLLECTIVE



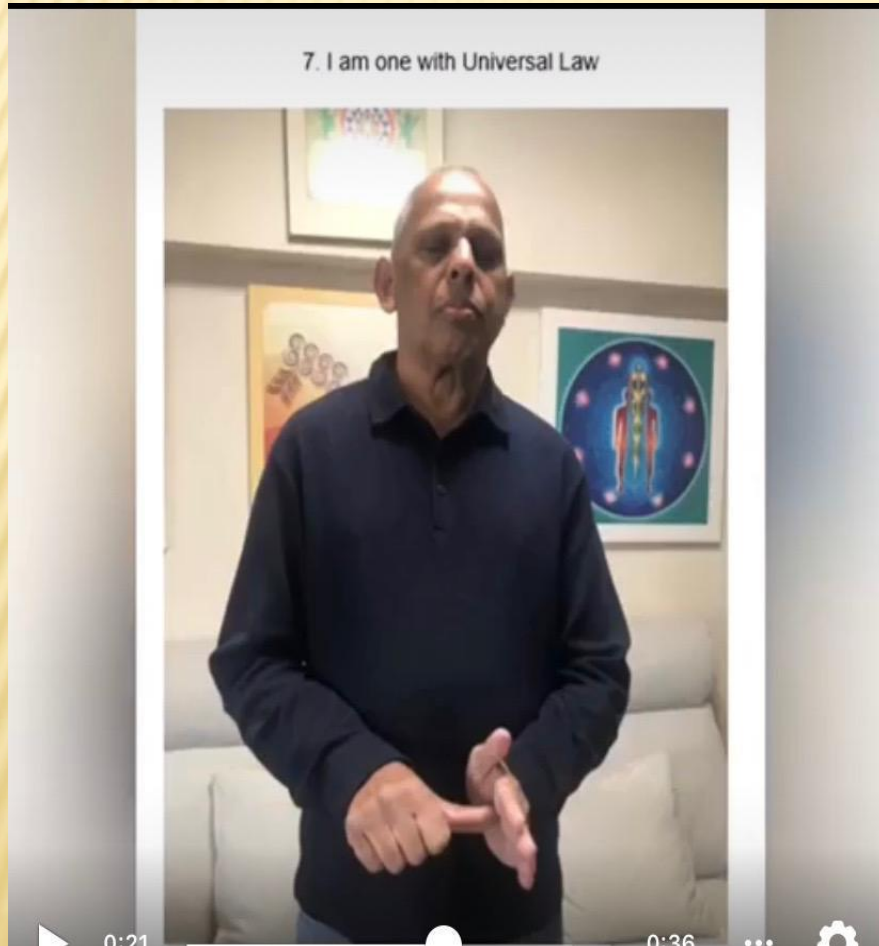
DEEP APPRECIATION



UNIVERSAL MIND



I AM ONE WITH UNIVERSAL LAW



MUDRA OF SHIVA AND VISHNU



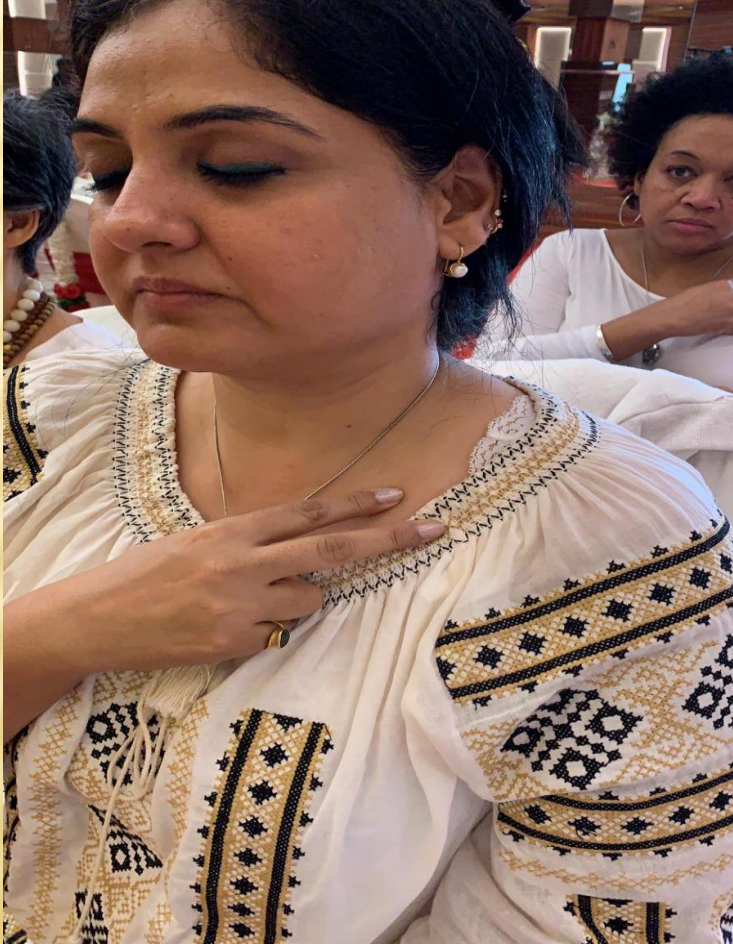
MUDRA OF SHIVA



MASTER BUDDHA & SNAKE GODDESS ULMA MUDRA



MELCHIZEDEK CHAKRA -TURQUOISE



I STAY IN MY HEART – ZOON CHANT OF ASCENSION



HAMSA ASCENSION SOUND-CHANT SILENTLY



SHIVA MUDRA – MASTER KUNDALA ASPECT OF SHIVA



OM NAMAH SHIVAI – FEEL ENERGY IN THIRD EYE



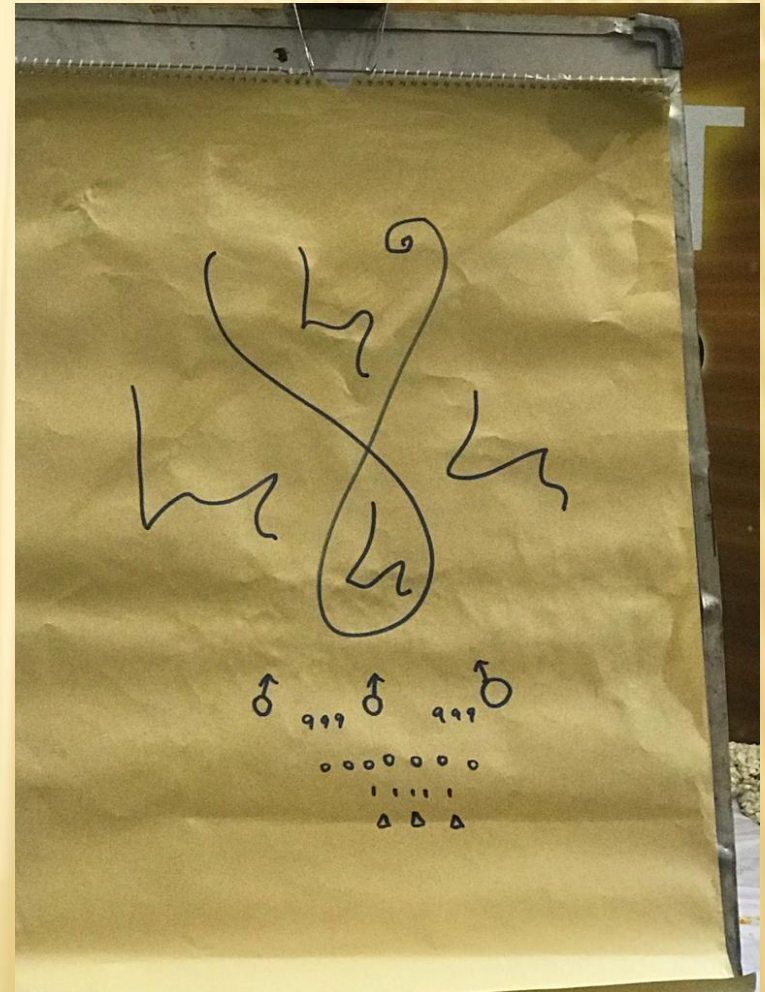
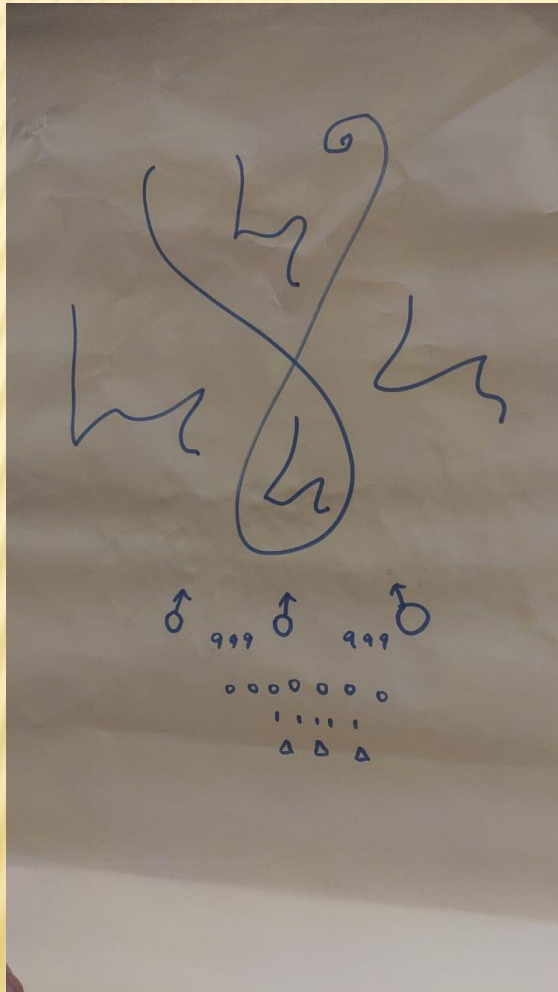
I AM CONNECTING WITH THE COLLECTIVE CONSCIOUSNESS



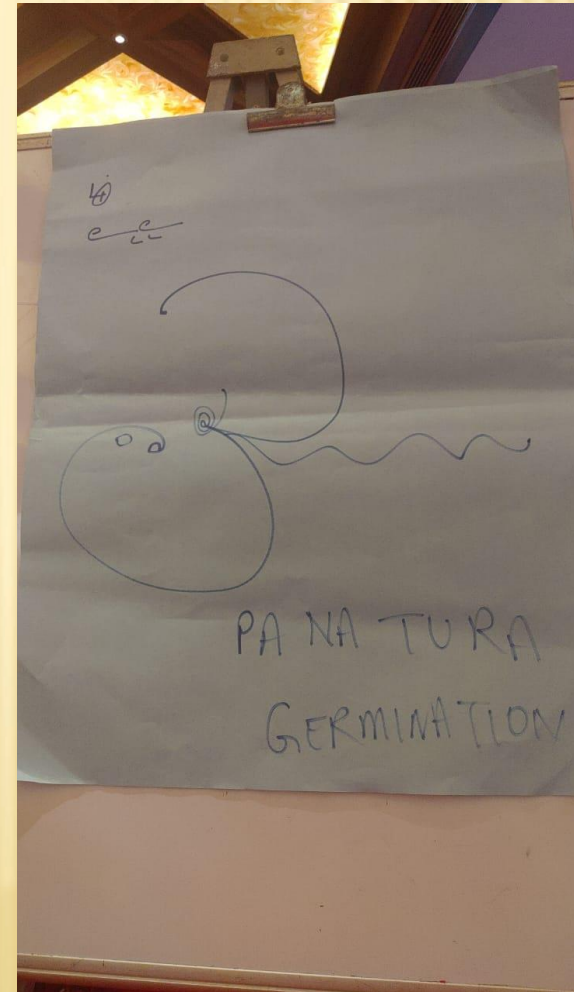
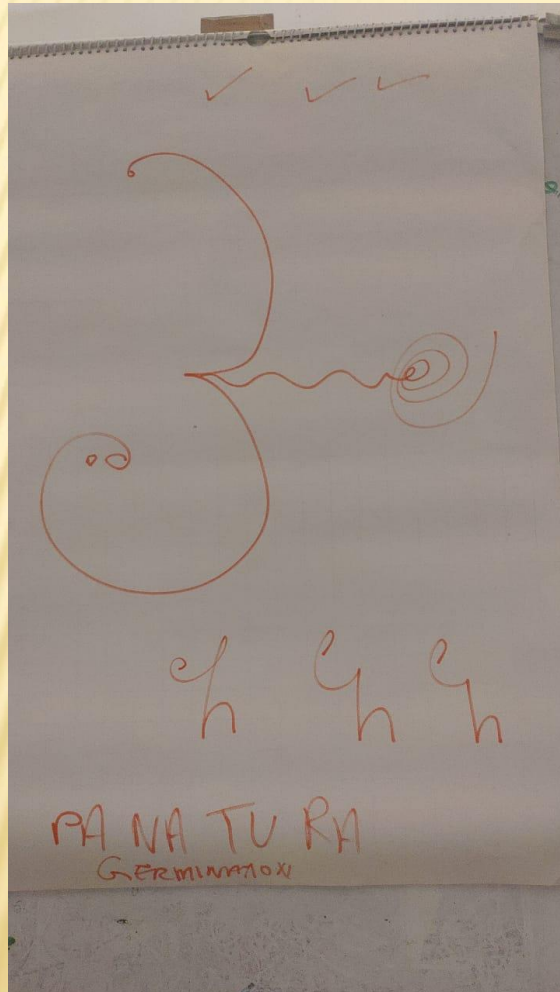
TO CONNECT WITH MOTHER ISIS



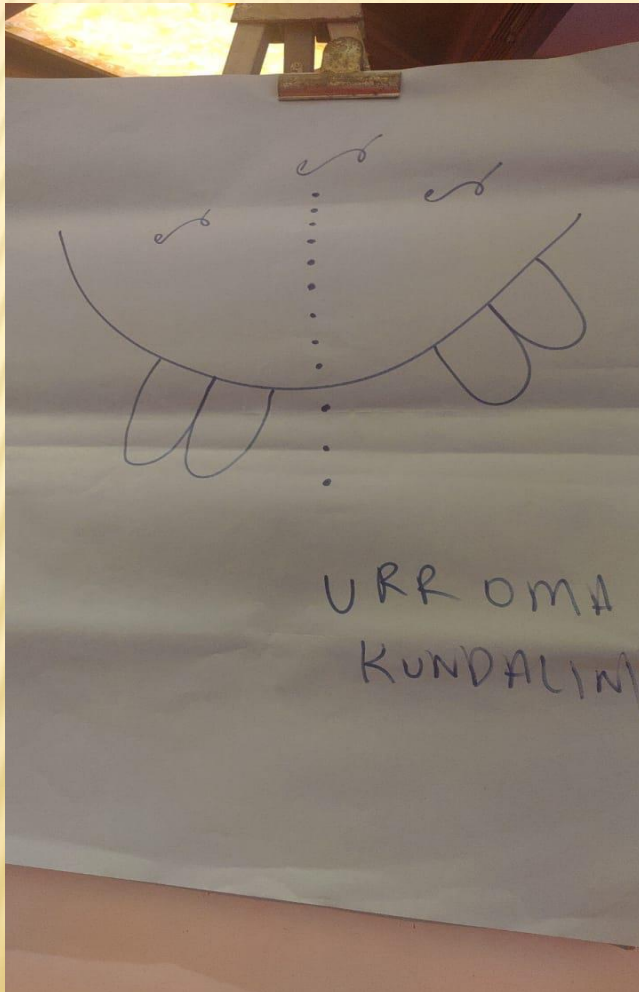
ABUNDANCE GEOMETRY BY LORD GANESHA



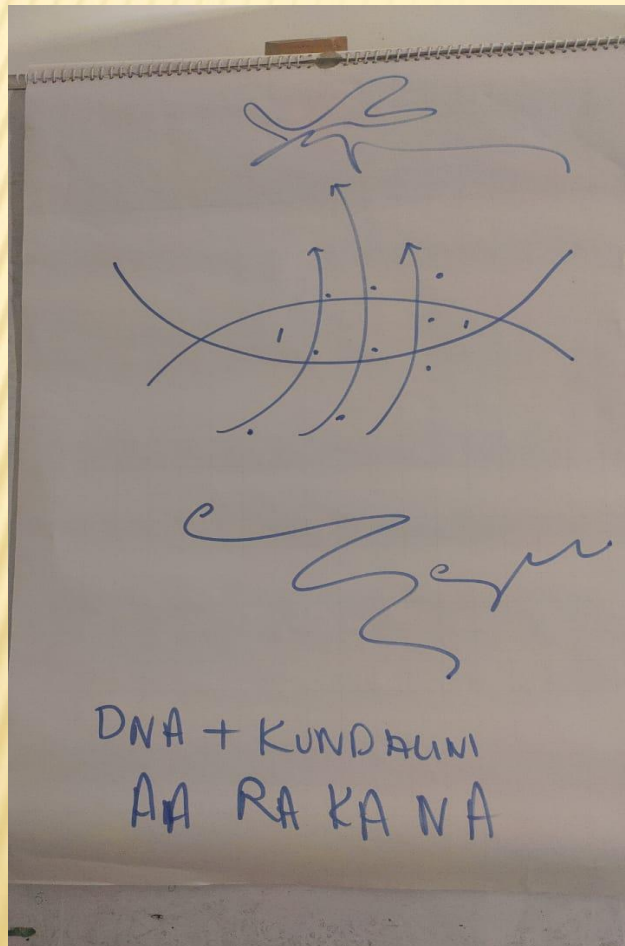
GERMINATION GODDESS - PA NA TU RA



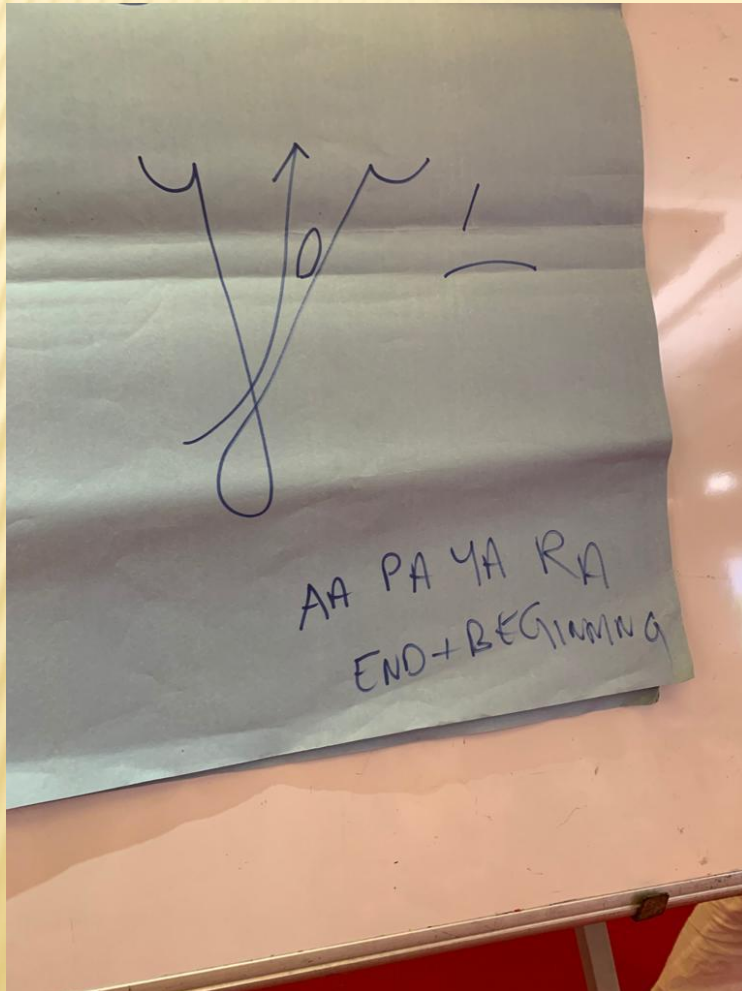
KUNDALINI – CHANT URR OMA



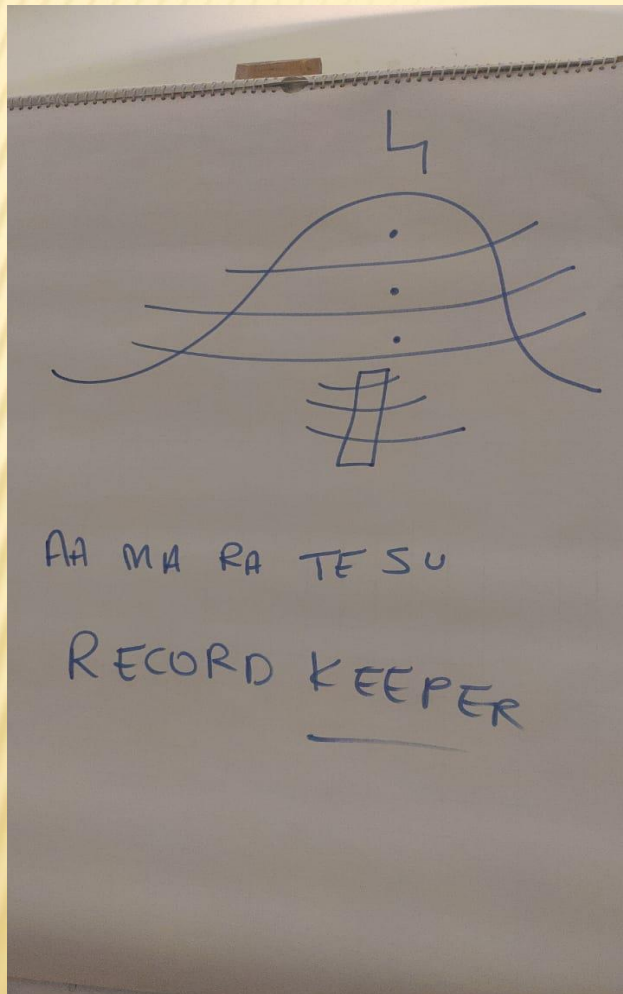
DNA + KUNDALINI – AA RA KA NA GODDESS



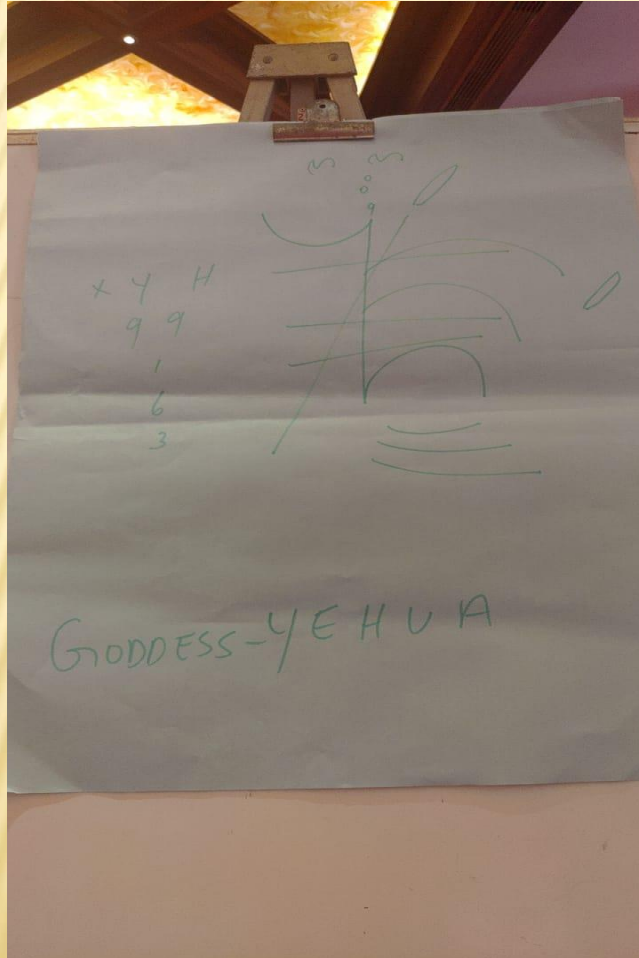
END & BEGINNING – AA PA YA RA



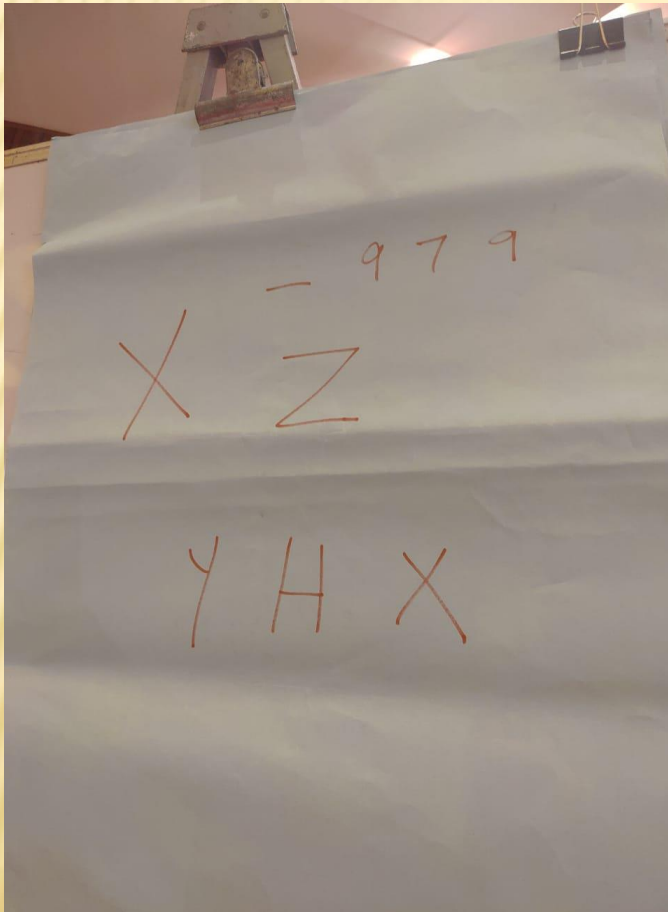
AKASHIC RECORD KEEPER – AA MA RA TE SU



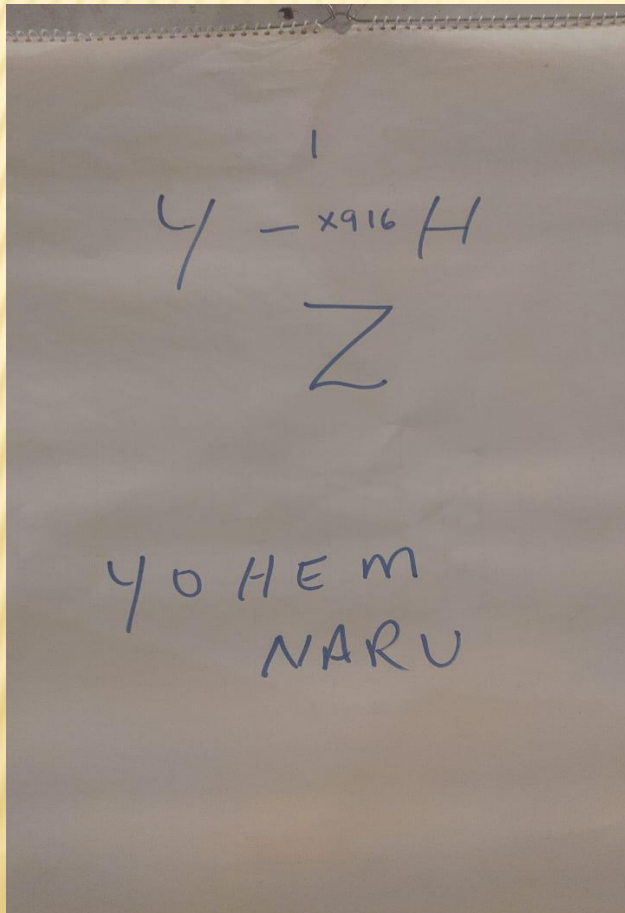
YEHUA – GODDESS OF HEALING



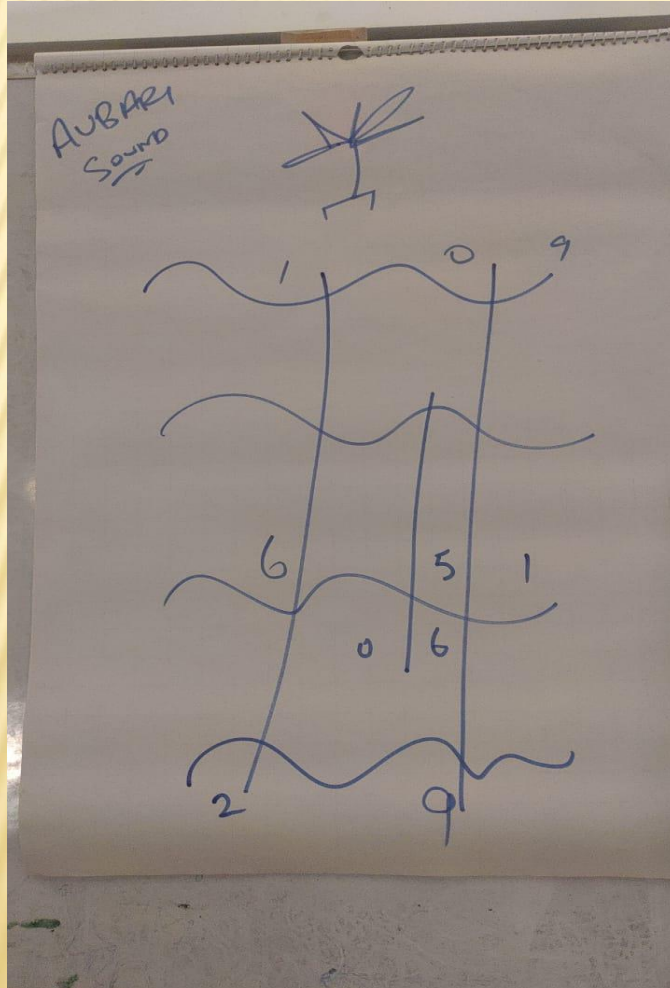
CODE OF REJUVINATION – HEALING ENERGY



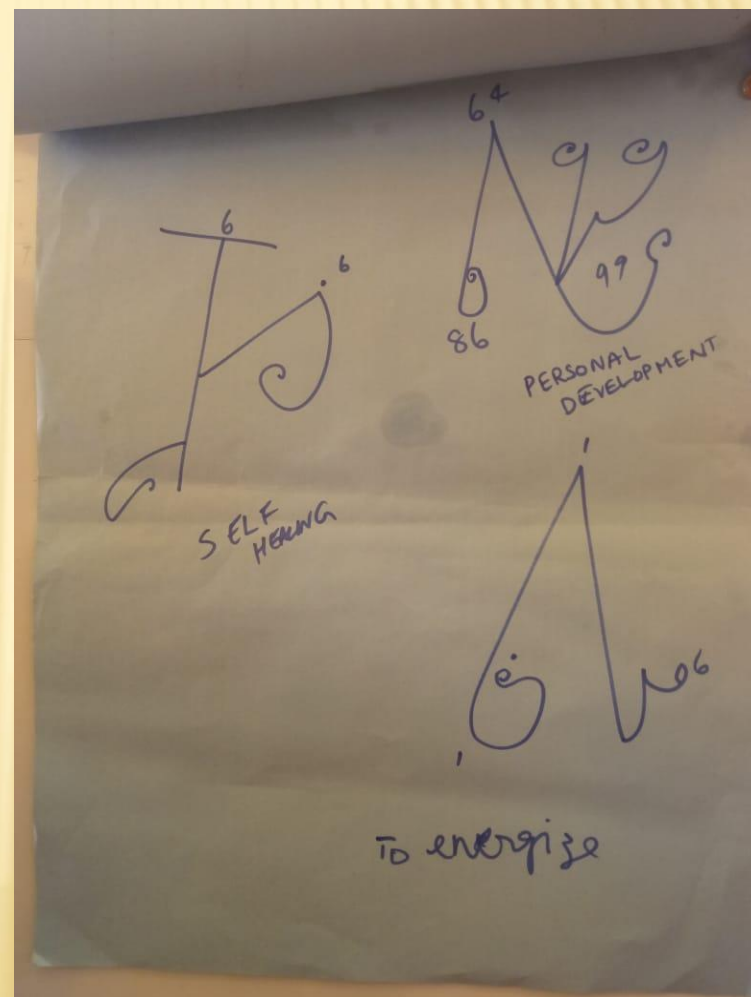
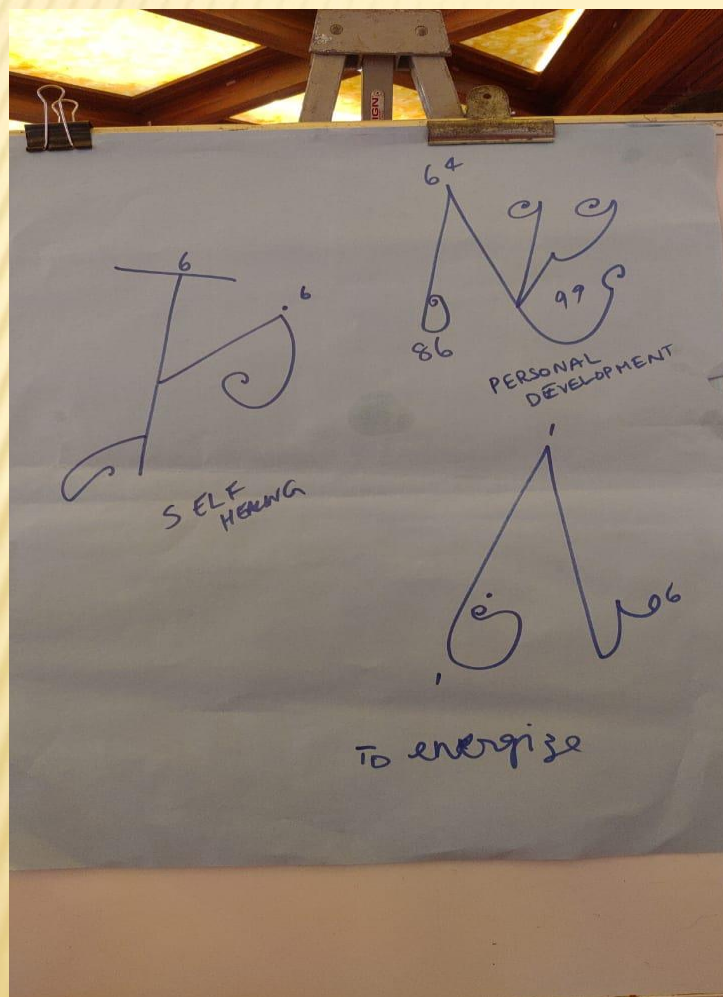
TOP PART OF GENERAL HEALING – YO HEM NARU



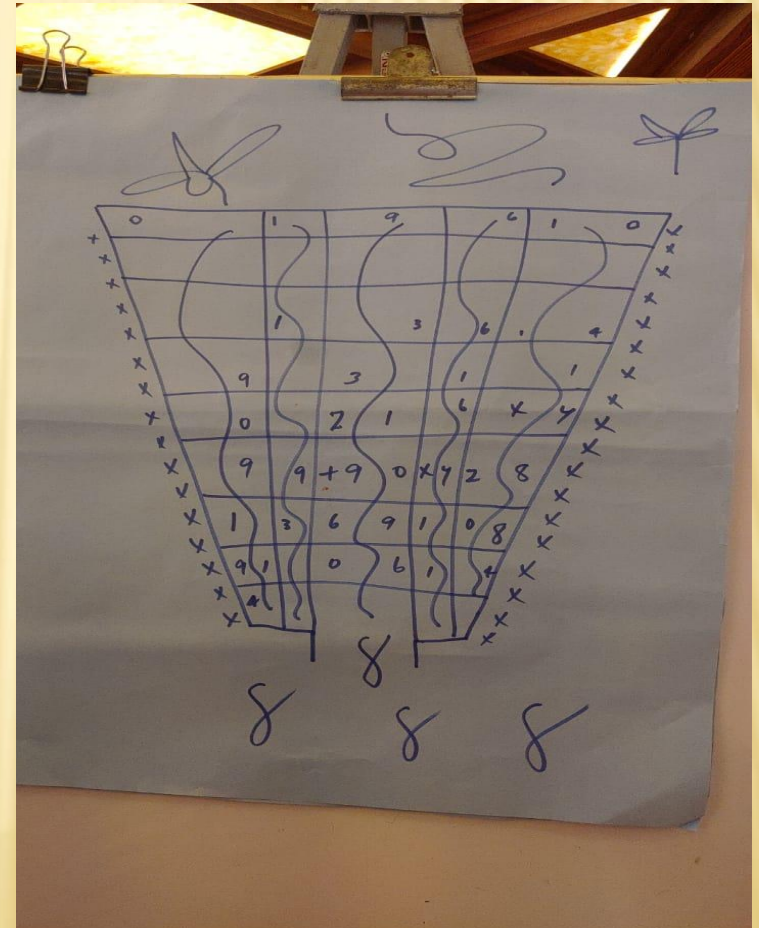
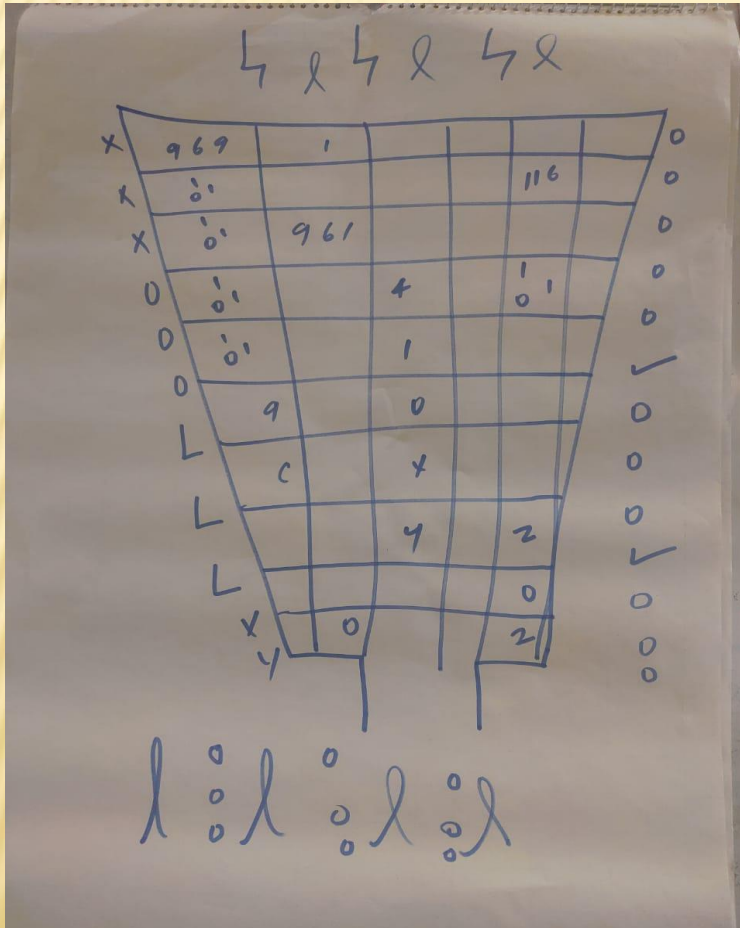
GODDESS OF SOUND - AUBARI



SELF HEALING – PERSONAL DEVELOPMENT- TO ENERGIZE



CELL REJUVENATION, ANTI AGEING CODE



LORD GANESHA – ABUNDANCE SYMBOL

